

# WHAT YOU SHOULD KNOW ABOUT



Medical Assistant Partnership  
FOR HEALTHY PREGNANCIES AND FAMILIES

# Delta 8

## and other Derived Psychoactive Cannabis Products (DPCPs)



### What are they?

DPCPs provide a high like the THC in cannabis, but they're made using chemicals, not naturally grown.<sup>1</sup>

Examples of DPCPs include products like Delta-8 THC, Delta-10 THC, THC-O, THC-P, HHC, and more.<sup>2</sup>

### Where are they found?

They can be found in many places, even in states that have tried making them illegal.<sup>1</sup> People can buy them online, often without proving their age.<sup>3</sup> They're also often sold at smoke shops, convenience stores, and gas stations.<sup>4</sup>

### What do they look like?

DPCPs are sometimes sold as vape devices or sprayed on hemp flower so it looks like cannabis bud.<sup>4</sup> They're also commonly sold as candies, cookies, chocolates, and chips.<sup>4</sup> DPCPs can look almost identical to regular snacks and are often poorly labeled, so they are sometimes eaten accidentally, especially by children.<sup>5</sup>

### What are the dangers we know?

Some DPCPs are much stronger than the THC in cannabis, and they are often not tested for harmful chemicals.<sup>1,2</sup> Using DPCPs can cause various health problems including:<sup>1,5-7</sup>

- ⚠ injuries and poisonings
- ⚠ a wide range of psychiatric problems
- ⚠ problems with breathing
- ⚠ pain in the throat and nasal passage
- ⚠ eye pain and vision problems
- ⚠ stomach, digestive system, and oral health problems including vomiting
- ⚠ affecting one's consciousness, senses, movement, and overall brain function

**Be Cautious.** DPCPs are harmful in lots of ways, and they're fairly new so we're still learning about all the ways that they can be harmful.

#### References

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