

National Suicide Lifeline:

1-800-273-8255

**Suicide and Crisis Hotline
as of July 16th, 2022:**

988

If you or someone you
love is struggling to stop
drinking, please consult
the SAMHSA treatment
locator here:

[findtreatment.gov](https://www.findtreatment.gov)



 [FASDmapic.org](https://www.FASDmapic.org)

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