Alcohol & Suicide Walk & Talk

Excessive alcohol use can be a major risk factor for suicidal behavior. Alcohol can lower inhibition while simultaneously increasing depressive symptoms, impaired judgment, and impulsivity.

In 2020, nearly 46,000 Americans lost their lives to suicide.

People with an alcohol use disorder are up to 120 times more likely to die by suicide.

Over 1/3 of suicide victims in the United States were found to have alcohol in their system. 30%

Someone dies by suicide approximately every 40 seconds in the United States.

Older adults with an alcohol use disorder are at a much higher risk for suicide and use more lethal means than younger people.
National Suicide Lifeline: 1-800-273-8255

Suicide and Crisis Hotline as of July 16th, 2022: 988

If you or someone you love is struggling to stop drinking, please consult the SAMHSA treatment locator here: findtreatment.gov

Medical Assistant Partnership
FOR HEALTHY PREGNANCIES AND FAMILIES

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