Fetal Alcohol Spectrum Disorders Training Opportunity

Alcohol use during pregnancy can lead to lifelong effects.

Up to 1 in 20 US school children may have FASDs.



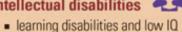
People with FASDs can experience a mix of the following problems:

Physical issues

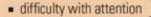
- · low birth weight and growth
- · problems with heart, kidneys, and other organs
- damage to parts of the brain .

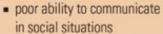
Which leads to ...

Behavioral and intellectual disabilities









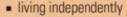
 poor reasoning and judgment skills



These can lead to...

Lifelong issues with







substance use

keeping a job

trouble with the law

Introduction to FASDs is a curriculum to educate clinical staff on the effects of prenatal alcohol exposure. Take advantage of this opportunity by scheduling a workshop.

Training details:

- •One or two hour training sessions available, can be customized as needed
- •Materials provided include patient brochures, clinic posters, and FASD prevention and screening guidelines and resources
- •Training content approved by the Centers for Disease Control and Prevention (CDC)

Participants in the training session will:

- •Learn about the lifelong effects of FASDs
- •Become familiar with how FASDs are diagnosed and why early intervention is important
- Learn about screening techniques to determine who is at risk for an alcohol exposed pregnancy
- •Identify ways to improve communication with patients about their alcohol use

Drinking while pregnant costs the US \$5.5 billion (2010).















SOURCES: CDC Vital Signs, February 2016. American Journal of Preventive Medicine, November 2015

To schedule an Introduction to FASDs training session, please contact: